



**Youth Outdoor House
League General
Rules & Regulations**

GENERAL APPLICATION OF RULES

All rules are to be strictly adhered to

- General Rules shall apply to all players and teams, except where otherwise specified
- Outdoor House League Program Rules corresponding to its designated age group/soccer program, as outlined in Section 2 shall, also govern each team, and its players.
- It is the aim of OSC to offer fair play to all House League players
- When the weather is extremely hot, The Match Official will provide a **2-minute** water break in the middle of each game half. This is for the sole purpose of giving **only** those players on the field some water. It is **not** to be used for coaching or other purposes.
- Match Officials and team coach's staff are required to follow the [CSA Lightning Safety / Severe Weather Policy](#) at all times to ensure the safety of the players and others at games and practices.

TEAM ELIGIBILITY & CLASSIFICATION

Team Eligibility

- Each team is comprised of players who are properly registered with the Oakville Soccer Club.
- Teams may use only players, who are registered to their team roster, except as otherwise authorized by the convenor.

Team Classification

- Each team, within its designated age group, shall be classified as belonging to one of the following House League/HLDP Programs:

Active Start Program	U4-U5 Boys & Girls
FUNdamentals Soccer	U6-U8 Boys & Girls
Learning to Train Soccer	U9-U12 Boys & Girls
Soccer for Life	U13-U18 Boys & Girls

Number of Players per Team

- OSC reserves the right to over roster depending on registration numbers:

Active Start Program U4-U5	6 registered players
Fundamental Program U6	6 registered players
Fundamental Program U7-U8	10 registered players
Learning to Train U9 – U10	14 registered players
Learning to Train U11 – U12	16 registered players
Soccer For Life U13 - U18	18 registered players

PLAYER ELIGIBILITY & CLASSIFICATION

Registration

- Each player must be properly registered on an official OSC Club Management System (CMS)
- Proof of date of birth must be produced ○ when a player registers for the first time with OSC ○ when registering after a lapse of membership OR ○ at the request of the Club
- Late registration may be accepted at the discretion of the Youth House League & Special Programs Coordinator.

Age Group Classification

- All players must play in the age group corresponding with their year of birth, unless written permission has been granted.

Year of Birth	Program/Age Group
2020	Active Start U4
2019	Active Start U5
2018	Active Start U6
2017	FUNDamentals U7
2016	FUNDamentals U8
2015	Learn to Train U9
2014	Learn to Train U10
2013	Learn to Train U11
2012	Learn to Train U12
2011	Soccer for Life U13
2010	Soccer for Life U14
2009/2008	Soccer for Life U15/16
2007/2006	Soccer For Life U17/18

NOTE: the U15/16 and U17/18 age groups play together

PLAYER EQUIPMENT

Equipment Regulations

- All players must wear shin guards or they will not be permitted to play
- All players must wear their team uniform with numbers printed on the back of the jerseys • All players U6 and older must wear soccer cleats.
- No jewelry is allowed (including the taping of jewelry) other than a medic alert bracelet which must be secured.
- No hard casts are permitted.

- A soft cast is allowed providing it is not dangerous to him/herself or any other player. All casts must be adequately padded by a suitable material such as foam or bubble wrap.
- Knee brace's are allowed providing they have a fully protected cover.
- Religious head covering is allowed.
- Modern protective equipment such as headgear, facemasks, knee and arm protectors made of soft, lightweight padded material are not considered dangerous and are therefore permitted.

TEAM OFFICIALS

Official Regulations

- OSC's Youth House League & Special Programs Coordinator shall appoint House League team officials
- Team officials include a coach and an assistant coach who are registered at the start of the season
- Coaches must be at least 15 years of age. Any coach under 18 must be accompanied by a guardian at all times and must include the guardian's information on the coaching application.
- All coaches over the age of 18 must have a current Vulnerable Sector Screening Police Records Check before commencing any coaching duties
- Vulnerable Sector Screening Police Record Checks are valid for two years and you can be reimbursed if the original copy is issued to the Oakville Soccer Club

DISCIPLINE

Discipline Committee

- The Discipline Committee shall consist of the Chair of Discipline or his/her delegate, as chairperson, and two (2) or more members

Discipline Hearings

- Discipline hearings shall be conducted in accordance with Ontario Soccer Association (OSA) guidelines
- Dates, times and locations of discipline hearings shall be determined by the Discipline Coordinator
- A minimum of one (1) hearing per month shall be held during the summer outdoor playing season
- A special Discipline Hearing shall be arranged to handle a player or team official incident report submitted during a House League Tournament or Cup competition. These cases shall be heard prior to the next round of competition.

Discipline for Off-Field Offences

- Any player or member who acts in a manner detrimental to OSC and/or in violation of the Constitution and Rules will be subject to disciplinary action

Discipline for On-Field Offenses

- Any player or team official ejected from a game or receiving their third (yellow) card during the current playing season must attend a discipline hearing as notified by OSC

Failure to Attend Discipline Hearings

- Any person failing to attend a discipline hearing following notification shall be suspended until he/she requests in writing another hearing and appears at that subsequent hearing

Postponement of a Hearing

- All requests for the postponement of a hearing must be submitted in writing, by email or receipted hand delivery, to the OSC no later than four (4) days prior to the date of that hearing. The request must state the reason for the postponement.

Suspensions

- All suspensions shall take effect from the date determined by the Discipline Committee. Suspensions cannot be backdated.
- Persons suspended shall not participate in any indoor or outdoor soccer activities until their sentences have been completed. This includes, but is not limited to league games, Oakville Cup, Inaria Cup and Exhibition games.
- Any member who, with prior knowledge, allows a suspended member or player to participate in any soccer activity will be subject to the disciplinary process

Administration

- The Discipline Coordinator shall keep records and shall notify the decisions of the Discipline Committee to the Executive as required

CHANGES TO THE RULES

Only the OSC Executive has the authority to submit and approve any changes to Outdoor League Rules and Regulations during the course of the outdoor season.

MATTERS NOT COVERED BY THE RULES

Matters not covered by these Rules or by the Constitution of OSC should be settled in accordance with the guidelines of the Club, or if necessary, Peel Halton Soccer Association.